



Member benefits of the Big White Mountain Community Association (BWMCDA)

# MEMBER BENEFITS

#### **HEALTH & WELLNESS**

We strive to offer a diverse, age friendly and safe environment through unique and creative programs. Our health and wellness activities are focused outside the typical skiing, snowboarding and pub crawls and are offered FREE to members.

Examples of previous activities include movie nights, fitness classes, snowshoeing, stockings for seniors, letters to Santa, disk golf, tai chi, Christmas hampers and arts and crafts

# **REFUNDABLES PROGRAM**

Donate your refundables! Just place your items in a garbage bag and take them to the refundables shed located in the parking lot of Big White Community School off Happy Valley parking lot. You can also inquire about your strata becoming a client with refundable pick up services.

The proceeds are shared between our community association and the Big White Community School Parent Advisory Committee. The funds have been used for our community health and

wellness programs, a boot and hat warming station at the school, library books and other supplies.

# **GREENHOUSE, GARDEN AND COMMUNITY HUB**

We are working to develop access to sustainable, affordable and nutritious fresh food.

The BWMCDA, with funding that has been provided [in part] by Agriculture and Agri-Food Canada through the Local Food Infrastructure Fund, will be purchasing a High Altitude Heavy Snow Load Adapted Greenhouse, which will commence construction in late summer, early fall of 2022.

# **SUMMER CAMP**

The Kids Summer Program is run each year by the Community Association. Information for the 2023 summer camp will be posted in Spring of 2023.

# **FOOD SECURITY**

A BWMCDA board member sits on the RDKB Food Security Steering Committee and through this partnership has been able to establish several Food Security programs. With the help of the Food Banks in Grande Forks we were able to provide over 250 Emergency Food Boxes to those isolating and in need due to the impacts of Covid 19.

We have also established an ongoing Food Security program with the Central Okanagan Food Bank. This program provides food hampers to all Big White residents who are in need regardless if you are seasonal, part time or full time, single or families.

# **FOOD BANK**

The Central Okanagan Food Bank (OKF) in Kelowna and the Big White Community Association Have Partnered!

The OFB have opened their program to our Big White Community Residents. You can be full time, part time, or a seasonal resident. Single, a couple or a family, and its now available year round. They will provide you with fresh produce, proteins and dry goods on a monthly basis. You just need to sign up.

If you need a little extra in your fridge or pantry, take advantage of this amazing program. It's totally private.

Visit the OFB website for more details: cofoodbank.com/get-food

Make sure you let them know you are a Big White Resident. You must provide your own transportation to and from the mountain or hampers can be picked up for a friend.

# **RECYCLING AT BIG WHITE - DO IT RIGHT OR NOT**

We all want to do the right thing by recycling. However, when not done properly it can do more harm than good. The Regional District of Kootenay Boundary manages the recycling programs at Big White and has some great instructional resources.